

The Laine Deli

Breakfast & Brunch

Served until 3pm

Deli Breakfast 10.00

Poached Sussex free range eggs, bacon, free range Sussex sausage, mushroom, grilled vine tomatoes, house baked beans & sourdough toast
Add: Black pudding for 1.20

Veggie Breakfast V 10.00

Poached free range eggs, wilted spinach, mushroom, grilled vine tomato, vegan sausages, house baked beans & sourdough toast
Add: Avocado or grilled halloumi 1.20

Eggs Benedict 8.50

Smoked streaky bacon & poached Sussex free range eggs topped with homemade hollandaise sauce on toasted campainou

Huevos Benedictos 8.50

Free range chorizo sausage & poached Sussex free range eggs topped with homemade hollandaise sauce on toasted campainou

Laine Vegan Benedict V 8.75

Grilled asparagus, tofu & wilted spinach topped with homemade vegan hollandaise sauce on toasted campainou

Eggs Royal 8.75

Springs locally smoked salmon & poached Sussex free range eggs topped with homemade hollandaise sauce on toasted campainou

Eggs Florentine 8.00

Wilted spinach & poached Sussex free range eggs topped with homemade hollandaise sauce on toasted campainou

Any breakfast can be served with gluten free toast but no other ingredients can be swapped

Omelette

3 Sussex free range egg omelette with sourdough toast or salad

Ham & Cheese Omelette 8.00

Tomato & Cheese Omelette V 7.60

Crostini

Roasted Veg & Halloumi V 7.55

Roasted vegetables on sour dough toast with hummus & grilled halloumi

Cheese & Beans V 6.80

House baked beans & mature cheddar on sour dough toast

Jacket Potatoes

Fresh oven baked jacket potatoes with your choice of fillings & served with a side salad

Roasted Vegetable & Hummus V 7.85

Homemade Coleslaw & Mature Cheddar Cheese V 7.85

Coronation Chicken 7.75

Grilled Goat's Cheese & Red Onion Chutney V 7.85

Vegan Breakfast V 10.00

Avocado, wilted spinach, flat mushroom, vegan sausages, grilled vine tomatoes, house baked beans & sourdough toast
Add: Homemade salsa 1.20

Huevos Rancheros 8.50

Mexican style breakfast of homemade chipotle beans topped with a fried egg & avocado salsa on a toasted tortilla with Chorizo or mushroom

Smoked Salmon & Egg 8.50

Springs locally oak smoked salmon & scrambled egg on toasted sourdough

Avocado & Eggs V 8.00

Smashed avocado & poached eggs on toasted sourdough

Eggs on Toast V 6.00

2 Sussex free range eggs poached, scrambled or fried on toast

Kids Deli 5.00

Poached, scrambled or fried egg, free range sausage, tomato & house beans with toast

Add these extras to any breakfast:

Wilted spinach, grilled halloumi, house beans, smashed avocado, Sussex free range sausage, grilled flat mushroom, grilled chorizo, streaky bacon, vegan sausages, avocado salsa, grilled vine cherry tomato, black pudding 1.20 each

Sourdough or campainou Toast V 2.20

With jam, marmalade, honey or Marmite

Freshly squeezed orange juice 3.00

Mushroom & Cheese Omelette V 8.00

Cheese Omelette V 7.10

Salmon & Cream Cheese V 7.95

Locally oak smoked salmon with cream cheese on sour dough toast with tomato, cucumber & onion raita

Cherry Tomatoes & Hummus V 7.25

Cherry vine tomatoes & hummus on sour dough toast with tomato, cucumber & onion raita

Tuna Mayo & Cheddar Cheese with Red Onion 7.85

Prawns in a Marie Rose Sauce 8.10

Mature Cheddar Cheese & House Baked Beans V 7.85

Homemade Soup

Fresh homemade soup served with a crusty baguette 5.50
Please see the boards or ask a member of staff about today's soup

Club Sandwiches

Triple deckers on sliced bread only

Chicken Club 7.95

Sliced chicken breast, mozzarella, avocado, sun blushed tomatoes & pesto

Halloumi Club V 7.95

Grilled halloumi, hummus, avocado & tomato

Breakfast Club 7.95

Bacon, Cumberland sausage, 2 fried eggs & sliced vine tomato

Deli Sandwiches

Served on sliced bread, ciabatta or baguette

Crispy Bacon or Sausage Sandwich 5.85

Free range pork or vegan sausages

Add: Fried egg, extra bacon or onion chutney
60p each

BLT 6.60

With crispy bacon, leaves, tomato & homemade garlic mayo

Chicken & Avocado 6.75

With homemade lemon mayo & mixed leaves
Add: Bacon 60p

Chicken & Chorizo 6.75

with homemade chilli mayo

Coronation Chicken 6.60

with leaves & red onion

Halloumi or Chicken 7.05

with pesto & sun blushed tomatoes

Pastrami & Gruyere Cheese 6.95

with gherkins & homemade thousand island dressing

Salads

Greek Salad V 7.80

Feta, marinated olives on a bed of mixed leaves with tomatoes, cucumber, red onion & house balsamic dressing

Chicken Caesar Salad 7.80

Roast chicken breast, homemade herb croutons & parmesan on a bed of mixed leaves with tomato, cucumber, red onion & Caesar dressing

Green Salad (Low Carb) V 7.50

Avocado & homemade red cabbage coleslaw on a bed of mixed leaves with tomatoes, cucumber, red onion & house balsamic dressing

Sweets

We have a selection of homemade cakes & tray bakes at the counter

Millionaire Shortbread 2.90

Vegan Banana Cookie 2.40

Japanese Cheesecake 3.10

Raspberry Bakewell 2.90

Banana Bread 2.60

Toast any of our sandwiches for 50p

Smoked Salmon & Cream Cheese 7.25

With a squeeze of lemon & black pepper

Prawn & Avocado 7.25

In Marie Rose sauce

Tuna Mayo & Salad 6.65

Honey Roast Ham & Salad 6.65

Mozzarella, Pesto & Tomato 6.00

Add: Avocado, chicken or chorizo 1.10 each

Brie & Cranberry V 5.80

Add: Bacon 1.10

Goat's Cheese & Sun Blush Tomato with onion chutney V 6.80

Mature Cheddar & Red Onion 5.80

Add: Tuna or honey roast ham 1.10 each

Roasted Vegetable & Hummus V 6.50

Add: Halloumi 1.10

Laine Deli Salad V 8.30

Goat cheese, walnuts & roasted vegetables on a bed of mixed leaves with tomatoes, cucumber, red onion & house balsamic dressing

Add to any salad for 1.10 each:

Grilled goat's cheese V

Sun blushed tomatoes V

Poached egg V

Sliced roasted chicken breast

Chorizo

Roasted vegetables V

Marinated olives V

Grilled Halloumi V

Chocolate & Walnut Brownie 2.90

Seeded & Fruit Deli cookie 2.00

Chocolate Fruit & Nut Bar 2.90

Granola Bar (GF) 2.60

The Laine Deli

COFFEE

Americano 2.50
Long Black 2.50
Cappuccino 2.80
Latte 2.80
Flat White 2.80
Mocha 3.00
Espresso 2.40
Macchiato 2.50
Cortado 2.70

TEAS by Novus

Choose From:

English breakfast, sapphire earl grey,
citrus chamomile, spice chai,
Egyptian mint, decaff Ceylon, white,
organic jasmine, spicy rooibos,
Dragonwell green, Persian pomegranate
All 2.00 a cup
Matcha Green Tea 2.50

Hot Drinks

Homemade Chai Masala 3.00
Homemade Turmeric Latte 3.00
Matcha Latte 3.00
Hot Chocolate 3.00

Add to any hot drink:

Whipped cream, marshmallows or syrup
Caramel, hazelnut or vanilla
40p each

Oat or Soya milk 30p

Fresh Homemade Lemonade 3.00

**Fresh Squeezed Orange Juice
3.00**

Iced Drinks

Iced Americano 2.70
Iced Latte 3.00
Iced Mocha 3.20
Iced Chai 3.20
Homemade Iced Tea 3.00
Green or lemon & ginger

Smoothies

Tropical Smoothie 4.00
Mango, pineapple & passion Fruit
Mixed Berry Smoothie 4.00
Banana & Strawberry Smoothie 4.00
Kale Kick Smoothie 4.00
Kale, spinach & mango

Shakes

Latella Shake 4.00
Nutella & espresso
Chocolate Oreo Shake 4.00
Banana Shake 4.00

Add a shot of organic matcha to any
shake or smoothie 1.00

From the fridge

Fruit juices 2.50
Orange, apple, pear, mango, elderflower
Mineral Water 1.25
Still or sparkling
Cawston Sparkling 2.00
Apple or rhubarb
Coke or Diet Coke 2.00
San Pellegrino 2.00
Lemon or blood orange
Fentimans 2.30
Ginger beer, dandelion & berdoc or
curiosity cola
Genie Live Soda 2.50
Orange, lemon & ginger
Genie Kombucha 2.90
Fiery ginger, crisp citrus & dry apple

Service is not included and all cash tips go directly to our team, tips paid on a card have a 15% deduction to cover processing and other costs. All prices include VAT at 20%. Please make a member of staff aware of any allergies or dietary requirement when ordering. All of our dishes are freshly prepared in our kitchen where most allergens are present, we can not guarantee dishes are allergen free.

The Laine Deli

Wines

Sparkling

Di Maria Prosecco DOC 20cl 6.50

Crisp with fruity notes that remind of peach and green apple with second notes of acacia and lilac 11% vol

Cardinali Prosecco Superiore 75cl 22.00

Elegant wine with intense fruit and flower flavours and fine bubbles 11% vol

White

La Pintora Sauvignon Blanc 75cl 16.00

Crisp and lively with zesty citrus aromas 12.5% vol

Jack Rabbit Sauvignon Blanc 18.7cl 4.75

Fresh and crisp with delicious fruity flavours of lime and peach 13% vol

Bosco dei Cirimioli Pinot Grigio Delle Venezie 75cl 17.00

Fruity taste that gets riper through time 12% Vol

Jack Rabbit Pinot Grigio 18.7cl 5.00

Dry and crisp with flavours of fresh apple 12% vol

Rosé

River Wild Californian Zinfandel 75cl 16.00

Strawberry and luscious watermelon combine with a delicate sweetness and crisp acidity 11.5%

Jack Rabbit California Zinfandel 18.7cl 4.75

Refreshing rosé with fresh strawberry flavours and a delightfully sweet taste 10.5% vol

Red

Jack Rabbit Shiraz 18.7cl 4.75 75cl 16.00

Ripe plum and raspberry fruit flavours with delicate hints of oak and spice 13% vol

Jack Rabbit Merlot 18.7cl 5.00 75cl 17.00

Smooth and fruity, full of berry flavours with plum aromas and a smooth finish 13% vol

Beers

Birra Moretti Larger 33cl 4.50

A balanced Italian larger 4.6% vol

Corona Extra Larger 33cl 4.50

A Mexican pale larger 4.6% vol

Alcohol can only be server after 11:00am and with a table meal